

2022

(July)

EDUCATION

Course No. EDN(O): 205

Mental Health Education

Full Marks: 37½

Time: 1½ hours

The figures in the margin indicate full marks for the questions

Answer Question No. 5 and any two from the rest

1. Discuss the criteria for a mentally healthy person. Explain the factors affecting Mental Health. 7+8=15
2. What is meant by mental hygiene? Explain the role of home and school in maintaining good mental health. 3+6+6=15
3. Differentiate between normal and abnormal behavior. Discuss in detail any two forms of abnormal behavior. 5+5+5=15
4. What is psychoanalysis? Discuss the salient features and techniques of psychoanalysis. 3+6+6=15
5. Write short notes on any one of the following: 7½
  - a. Functions and principles of mental health
  - b. Concept and goals of psychotherapies